Briefing Note for:	Health and Adults Scrutiny Sub Committee
Subject:	Housing with Care Strategy
Author:	Hibo Mohamed, Senior Commissioning Manager-Housing with Care,
	Ageing Well-Integrated Commissioning
Date:	27 th November 2023

1. Purpose

To provide the Committee Members with an update on the proposed Housing with Care Strategy which sets out the range of high-quality housing with care options that the Council needs to deliver over the next ten years to meet the care and support needs of residents whilst continuing to promote their independence and wellbeing.

2. Decision Required

The Committee Members are asked to note the content of this briefing and provide feedback and comment on the plans.

3. Background

Housing with care is accommodation which has been adapted or built to facilitate the care and support needs that a resident may have or develop in the future, this includes Extra Care Housing, Nursing Homes, Shared Lives, Supported Living and Residential Care. Currently, Tower Hamlets has six extra care housing schemes, 2 care homes, 12 residents being supported in shared lives arrangements, 9 supported living settings and six older adult care homes in the borough.

There is currently limited in borough provision to meet existing demand with half of all placements being Out of Borough. Due to the projected population growth over the next years for those between the ages of 16-64 at 15%, as well as those over 65 at 54%, there is likely to be a significant increase in demand for Adult Social Care.

The Housing with Care Strategy reflects the significance of the interlink between housing and social care. The Strategy aims to ensure that all residents have a home that promotes their independence, aids their health and wellbeing and enhances their quality of life. Research and evidence have shown that Extra Care Housing settings provide greater choice, help to maintain relationships and community connections and improved health outcomes for residents. With Extra Care Housing provides residents with their own accommodation where they receive personalised care and support that meets their individual needs.

To meet future need, the Strategy identifies the need an additional 240 Extra Care units by 2033. This would likely equate to 2 to 4 additional schemes consisting of 60 to 120 units each. This increased provision of Extra Care Housing would extend the offer to a wider range of vulnerable adults including people with Learning Disabilities and Mental Health who at the moment are being placed in residential care placements. Also, through the development of purpose-built Extra Care Housing the London Borough of Tower Hamlets can make its residents a long term and sustainable offer of accommodation with the right care and support they need, preventing the situation where residents need to move more than once as their needs change and/or increase.

There are also considerable financial benefits from investing in development of additional Extra Care Housing provision as Adult Social Care is only responsible for paying for the care and support element but not the accommodation costs.

There is also a need for an additional 20-25 Nursing Home beds, 110 shared lives arrangements and 25 supported living units by 2023.

4. Next steps

A report on the Housing with Care Strategy will be taken to Cabinet with the aim of the Strategy being formally adopted. Following this there will be further development and approval of the annual delivery plan. This programme of work will be led by Integrated Commissioning but continue in close partnership working with the Housing, Capital Programme and Planning teams, as well as Housing providers to successfully secure Housing with Care developments.